

St. Paul Christian Day Care and Kindergarten

July 2021

(*) Item is Whole Grain. ALL LUNCHES ARE BEING COOKED AND DELIVERED DAILY BY DELICIOUS BY QUALITY CATERING. Breakfast, AM snack and PM snack are being provided by St. Paul Christian Day Care and Kindergarten. SKIM MILK IS SERVED AT LUNCH EVERY DAY **Menu subject to change based on availability of catering company**

Monday	Tuesday	Wednesday	Thursday	Friday
			1. Breakfast: Cereal and skim milk. AM snack: fruit, crackers, water Lunch: Lemon Chicken Steamed Rice, Carrot Coins, Delicious-Made Ranch Dip, Pineapple WG Delicious-Made Bread* PM Snack: veggie, crackers, and water	2. Breakfast: Cereal and Skim milk. AM snack: fruit, crackers, water Lunch: Salisbury Meatballs Mashed Potatoes, Broccoli, Orange, WG Delicious-Made Dinner PM snack: fruit, crackers, water
5. CENTER CLOSED IN OBSERVANCE OF 4TH OF JULY	6. breakfast: Cereal and Skim milk AM snack Mozzarella string cheese, fruit, water Lunch: Turkey w/ Country Gravy, Carrot Coins, Delicious-Made Ranch Dressing, Orange, WG Delicious-Made Dinner Roll* PM Snack: veggies, pretzels, water	7. Breakfast: Cereal & skim milk AM snack: fruit, crackers, and water Lunch: Macaroni & Cheese, Southwest Bean Salad, Banana, WG Delicious-Made Bread* PM Snack: veggies, crackers, and water	8. Breakfast: Cereal and skim milk AM snack: fruit, crackers, water Lunch: WG Delicious-Made French Toast & Scrambled Eggs, Carrot Coins, Delicious-Made Ranch Dressing, Fresh Pineapple PM snack: veggies, string cheese, water	9. Breakfast: Cereal and skim milk AM snack: fruit, crackers, water. Lunch: Beef Nachos, Shredded Cheddar Cheese, Green Beans, Cinnamon Applesauce, WG Corn Tortilla Chips* PM Snack: trail mix, veggie, water
12. Breakfast: Cereal and skim milk AM snack: fruit, crackers, water Lunch: WG Cheese Quesadilla*, Southwest Bean Salad, Orange PM Snack: veggie, crackers, water	13. Breakfast: Cereal and skim milk. AM snack: trail mix, fruit, water Lunch: BBQ Diced Turkey, Rotini Pasta Green Peas, Cranberry Applesauce WG Delicious-Made Bun* PM Snack: crackers, veggie, water	14. Breakfast: Cereal and skim milk AM snack: Bagels, cream cheese, water Lunch: Macaroni & Cheese, Broccoli, Delicious-Made Ranch Dressing, Banana WG Delicious-Made Bread* PM Snack crackers, fruit, water.	15. Breakfast: Cereal and skim milk. AM snack fruit, crackers, water Lunch: Diced BBQ Turkey, Steamed Rice, Cauliflower, Diced Watermelon, WG Delicious-Made Bun* PM Snack: veggie, crackers, and water	16. Breakfast: Cereal and Skim milk. AM snack: fruit, crackers, water Lunch: Baked Mostaccioli, Cucumber Slices, Delicious-Made Ranch Dressing, Pear, WG Delicious-Made Roll* PM snack: veggie, crackers, water
19. Breakfast: Cereal and milk. AM snack: fruit, Mozzarella string cheese, water. Lunch: Sloppy Joe, Steamed Rice Cauliflower, Cinnamon Applesauce, WG Delicious-Made Bun* PM Snack: veggie straws, water.	20. Breakfast: Cereal and skim milk AM snack: fruit, yogurt, water Lunch: Turkey Ham Wrap, Shredded Lettuce, Shredded Cheddar Cheese, Tossed Salad, Delicious-Made Italian Dressing, Apple, WG Soft Flour Tortilla* PM Snack: veggie, pretzel sticks, water	21. Breakfast: Cereal and skim milk. AM snack: crackers, fruit, and water. Lunch: Chicken Lo Mein, Carrot Coins, Fresh Pineapple, WG Delicious- Made Bread* PM Snack: Apple sauce, crackers, water	22. Breakfast: Cereal and Skim milk. AM snack: fruit, crackers, water Lunch: Beef Tacos, Shredded Lettuce Shredded Cheddar Cheese, Refried Beans, Mixed Melon, WG Soft Flour Tortillas* PM snack: veggie, string cheese, water	23. Breakfast: Cereal and skim milk. AM snack: fruit, crackers, water. Lunch: Chicken Rice Bake, Broccoli Delicious-Made Ranch Dressing, Orange, WG Corn Tortilla Chips* PM Snack: trail mix, veggie, water
26. Breakfast: Cereal and skim milk. AM snack: fruit, crackers, water Lunch: Turkey a La King, Steamed Rice, Broccoli, Apple, WG Delicious-Made Bread* PM Snack: veggie, crackers, water	27. Breakfast: Cereal and Skim milk AM snack Mozzarella string cheese, fruit, water Lunch: Chicken Nachos, Shredded Cheddar Cheese, Southwest Bean Salad Mixed Melon, WG Corn Tortilla Chips* PM Snack: crackers, veggie, water	28. Breakfast: Cereal & skim milk AM snack: fruit, crackers, and water Lunch: Cheeseburger Casserole, Cucumber Slices, Delicious Made Ranch Dressing, Orange, WG Delicious-Made Bread* PM Snack: crackers, fruit, water	29. Breakfast: Cereal and skim milk AM snack: fruit, crackers, water Lunch: Chicken Parmesan, Carrot Coins Delicious-Made Ranch Dressing, Banana, WG Delicious-Made Roll* PM snack: veggie, crackers, and water	30. Breakfast: Cereal and skim milk AM snack: fruit, crackers, water. Lunch: Sloppy Joe, Green Peas, Cranberry Applesauce, WG Delicious-Made Bun* PM Snack veggie, crackers, water

Crackers: round, cheese, club, pretzels, wheat, graham, etc. Fruit: apples, oranges, pineapple, melon, grapes, etc Veggie: carrots, celery, cucumbers, tomatoes, snap peas, etc.